# **GEORGIA ALL STARS**



# Half Year Handbook 2019-2020

"Pride of the South"

29 years strong!

### Who we are

Georgia All Stars continues to be a leader in All Star Cheer instruction. Established in 1991, we are proud to announce our 29th Anniversary this year! We have instructed kids all over the country and are currently rank 11th in the world for USASF medal counts and a renown leader in college placement. We continue to push the boundaries in the industry. We pride ourselves in being trend setters and family oriented with quality, competitive instruction. Welcome to our Purple Family!! Welcome Home!

### What we do

It is our mission that each cheerleader will develop socially through practice and competition, physically through hard work, and psychologically through increased self-confidence, self-esteem, and emotional maturity, and discipline. We continue to place our athletes on collegiate teams that offer scholarships. We continue to be a leader for college cheer placement. This requires a perfect balance of academic preparation in school, time management, and skill preparation in the gym. We continue to provide a industry name with a small family feel. We pride ourselves on being a family environment and teaching our kids respect, humility, punctuality, good sportsmanship, dedication, commitment, and core values.

### **Commitment**

Commitment starts with the cheerleader and follows through the parent. It is a known privilege to be a Georgia All Star Cheerleader. The success of your team will depend on each individual/parent commitment and dedication to the team. This program is not about the individual. We will not tolerate "individual" attitudes. We feel that the member on the back row is just as important as the member on the front. The first tumbling pass is just as needed as the last. Flyers can't fly without bases. Flyers are no more important than back spots. It takes a TEAM to win. The team will always come first in making selections and decisions.

### **Parent Viewing**

Parents may watch practices from the parent viewing area. At times, it may be necessary for the coaches to close the parent viewing area. We appreciate your cooperation during these times. Parent viewing may be closed during choreography or for a specific amount of time designated by the team coach. This allows us to effectively coach teams without any outside

distractions. Parent viewing is a privilege. Please do not sit and "gossip" or "assume" in the viewing area. Our best athletes are often left alone for us to coach and mentor. Please do not be a "helicopter parent". Any questions, comments, or concerns about your child's progression or practice should be taken to your coach. If needed, a private meeting will be scheduled with the Team Coach or Owners.

### **Team Practices**

Be on time! Your child will have 2 team practices per week. Additional practices will be added at the coach's discretion during the heavy competition season. This is typically March/April. There will be additional practices the week.

You are allowed to miss the Closed Calendar Holidays given. It is important to have each cheerleader at practice to allow the kids to bond, coaches to formulate the routines, and for the teams to progress in skill. Absent forms are located in the back of this packet and from the coaches office by request. All absences <u>MUST</u> have the appropriate form and <u>approval</u> for it to be excused. Forms turned in less than 2 weeks in advance will not be approved. Absence requests will not be approved 2 weeks before a scheduled competition. Absent requests via phone or text will not be approved.

### **Missed or Tardy Practices**

If you cannot attend a practice it must be personally pre-approved by your coach. If you will be late, sick, etc; you must contact your coach prior to practice. If you are sick, but not contagious, you will be required to come watch practice so you are aware of any changes made to the routine. The coach will decide your participation level at practice if an athlete is sick. Handwritten notes are not an excused absence. If you are continually late, continuously sick, missing numerous practices, or injured longterm, you may be dismissed from the team or placed in a alternate position. Either of which will be determined by the coach and/or owner. If you are absent during the week of a competition, you may be replaced with a alternate athlete. When a child misses practice or is injured, it affects the team as a whole.

Homework is not an excused absence. Studying for a test is not an excused absence. Concert Tickets, Birthdays, Anniversaries, School Breaks, School Field Trips, and Family trips are not excused absences. School trips that are not documented for a grade are not excused absences. Outside sports conflicts are not excused absences.

If you are requesting to miss for a <u>graded</u> school activity you <u>must</u> fill out the absentee form, located in the back of this packet. Forms must be turned into and approved in <u>advance</u> by your coach AND the owner so changes to the practice schedule can be made if necessary. Only absences due to graded events will be approved. The coaches will do everything in their power to work around graded conflicts by moving practice, but it is not promised. Make-up practices may be called so that the team may practice as a whole. In cases of inclement weather, makeup practices will be added as well. The gym owners will decide what weather conditions permit cancelled practices.

### **School Sports**

All Star cheer is a very timely commitment and should be <u>first priority</u>. We will not excuse you for other sport conflicts. Please respect our requests. Missing practice effect every athlete on the team.

### **Team Placement**

Athletes will be placed on a team at the discretion of the coaching staff based on your ability and what is needed on each team. It is very important to understand that <u>technique</u> and <u>execution</u> of a skill go into placing teams. It is very important to also understand stunting requirements for each level. It is not only important to "land" a skill, but to execute it while doing so repeatedly. Athletes must also provide strong technical stunting skills at the required level as well. We may merge teams, change team levels, or delete a team during the season. We may register teams in various divisions throughout the season. We will exhaust every possibility before dismissing a team. If you have a question about what level your child should be, please go to USASF.net for level guidelines or our skills board on the wall for tumbling requirements. If you are unsure of what stunting level your child may be, please speak with a coach.

### **Athlete Behavior**

Your coaches are here to work with you. You are expected to show respect and be courteous to your coaches and teammates at all times. You are not to make negative facial expressions, talk under your breath, roll your eyes, make rude gestures, or negative comments of any kind. When asked a question at a practice, students are to reply in a respectful manner to coaches. No negative or rude comments are to be made on any social forum websites such as, Facebook, Twitter, Instagram, Vine, Snapchat, etc. about any member of the GA teams/staff, competition, or other fellow gyms. Do not post any pictures of yourself or others, in a GA uniform or attire acting in a negative manner that would discredit the gym's reputation. No cell phones are allowed during practice or competition warm-ups/awards. Cell phones must be turned in at the beginning of practice to the cell phone basket. Cell phone use during practice is strictly prohibited. For emergency, you may call the gym and we will get your athlete. Anyone with continued behavioral problems will be removed from the gym and all monies will be forfeited.

### **Quitting/Removal From Team**

If you quit a team at any time during the season or are asked to leave a team, 100% of all monies paid to the gym will be forfeited. This includes gym fee, registration, camp deposits, competition deposits, uniform/practice wear deposits, etc. Any outstanding or posted bills up to the date of dismissal will be collected and is responsibility of the student, parent, and/or guardian. Any outstanding balances not collected will be turned over to a collection agency. The same rule applies for a parent asked to leave the gym for inappropriate behavior/conduct.

### **Practice Wear/Uniform**

Athletes will receive two T-shirts to wear at practice. Black shorts/Nike Pros are recommended to wear with them. Athletes will be given a practice bow. Uniforms and Competition Bows will be ordered for the athlete. It is the responsibility of the athlete to purchase their own cheer shoes. Shoes must be solid white in color and worn for cheer purposes only. Nfinity shoes are available for order through the front desk.

### **Competitions**

You are required to attend all competitions. It is the discretion of the coaches to choose competitions they see best for each of the teams. There is a possibility that a competition may be added or cancelled during the season. If an athlete misses practice the week of a competition, an alternate may be used. If an athlete misses a competition for any reason, he/ she may be removed from the team. The Coaches/Owners will keep you informed of all competition updates/changes.

### **Fees**

Once selected for a team, a \$50 Registration/Insurance is due at the Initial Parent Meeting. Registration/Insurance Fees are Annual and cover our Insurance Calendar year from May-April. Registration/Insurance fee is only paid once yearly whether it is for All Star, School Team, or Class Enrollment. If you have paid the fee for the summer/fall, you are already covered. Once enrolled, everyone should familiarize themselves with the website and parent portal. EVERYONE is required to sign in and create an account. Please contact the front office if you have forgotten your login/password. Please DO NOT create a new/duplicate login/password. If any issues arise, please contact <a href="mailto:info@gaallstars.net">info@gaallstars.net</a>.

Once you have created a parent portal account, you will use this for all classes, teams, etc. This profile will be used to send out mass emails when needed. Please make sure to keep your email, address, and phone number current with the parent portal. Also, our accounting system is set up on auto-pay. Your credit card will be billed \$200 on the 1st of the month for monthly gym fees. Fees are late on the 5th of each month. You will get a statement each month with all fees due and their due dates. Non-auto-pays MUST be pre- approved by the Gym Manager and Owner. Athletes may be dismissed from the program or placed into a alternate position if fees become delinquent. Athletes will not be eligible to attend year-end events if their balance is delinquent. Athletes may not try out the following year if he/she owes a remaining balance. Any and all past due fees will be turned over to collections at the end of the competitive season. Any returned checks or late payments will be assessed a charge of \$25 per occurrence.



## HALF YEAR CALENDAR 2019 - 2020

November 4th Practices start

November 26-30th Fall Break - CLOSED (reopen Sunday)

December 20 - 1st Winter Break (reopen Thursday)

December 27 - 28th Holiday Workouts (highly recommended)

January 2nd Practices Resume (MANDATORY)

March 7th Universal Spirit

April 3rd-12th Spring Break - CLOSED

April 18th Six Flags Coaster

<sup>\*</sup>Clear your schedule the week **BEFORE** every competition. There will be extra mandatory practices added those weeks. No absences will be approved. **NO EXCEPTIONS!!!** 

# **ABSENT REQUEST FORM**

Explain your reason for the absence such as school grade event, etc. All absences must be pre-approved by the coaches.

GA has built in days during the fall/winter when the gym will be closed for the holidays. Please try to take your vacations during this time, so that it does not affect the practices of your child's team. Practice attendance is important if we want to produce winning teams. We DO NOT follow your school's vacation calendar. Please plan accordingly. Team members will be removed if absences become excessive.

Cheerleader's Na	ame:			-
Team:				-
Date:	Reason:			
				-
				-
				-
Initial Below:	•••••	•••••	•••••	
Director	Team Mom	Coach		
Date Received:				

### GEORGIA ALLSTARS FINANCIAL AGREEMENT <u>DUE AT REGISTRATION</u>

1,	Parent/Guardian of
(Print name of parent/legal guardian)	
(Print name of team member)	
understand and agree to the following financial agreement:	
•I understand and agree that \$200 fee/tuition payments month.	are due on the 1st of the
•I understand the Fees are all non refundable. •I understand that I am subject to a late fee charge of Smonth. Excessive tardiness in payments will be grounds for d balance will be sent to a professional collection agency in Full responsible for any court and legal fees applied. Any legal colfiled in Fulton County.	ismissal and my account ton County. Signee is lection proceedings will be
• I also understand and agree that as a parent/guardian solely responsible for Monthly Tuition on the 1st, Competition fees, USASF Fees. All fees/monies once paid are Non- refund copy of the parent handbook/contract available to me and available to me and available to the parent handbook for the all star season begins with tryou tuition for the month of April. If I choose to leave or am dism to the end date in April, I am subject to any fees or balances of prior my leaving or dismissal date.	n Fees, Insurance/Registration able and i have read/received a ailable online. Its, and ends with the last nissed from the program prior
Lunderstand the above rules and stipulations and agree to au Cheerleading/RDM,LLC to charge the credit card and/or bar provided to them via autopay.	
Parent/Guardian Signature	
Date:	



# **Athlete Information Form**

Shirt Size: YS YM YL AS AM AL AXL

Athlete Name:	Age:	Birthdate:				
Email:	_ Cell Phone:					
Do you have any previous cheerleading experi	ence: YES	NO				
If so, where or which team/level:						
(The following information is subjective an	d does not guara	antee team plac	cement)			
CIRCLE AGE PREFERENCE: MINI 5-8yrs	YTH 5-11yrs	JR 7-14yrs	SR 12-18yrs			
PARENT INFORMATION:						
Mother:	Home Phone:					
Email:	Cell Phone:					
Father:	Home Phone:					
Email:	Cell Phone:					
Mailing Adress:						
City: 5	State:	Zip:				
Emergency Contact:						
Phone: Rela	ationship:					
Do you have any previous or current medical c	onditions/injuries:	YES NO	)			
Please explain:						
Please list any existing allergies:						